

## LARRY A. HOFF ePOST 2100



Issue #113 SEPTEMBER, 2022

**COMMUNICATION IS POWER** 

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL MARIA KLENHARD

#### **OUR NEXT MEETING**

September 15th, at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invitation:

commander@epost2100.org.

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited Our Web site, lately?

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

Commander 770-786-8702

#### **ELECTIONS**

We veterans probably do not need to be reminded of the vital importance of elections and voting, but there are many, too many, who do not vote.

Let's try to encourage other citizens to become familiar with issues and candidates and to vote.

#### **UPCOMING DATES**

9th District Meeting

Saturday, November 5, 2022

Post 201, Alpharetta, GA 201 Wills Rd, Alpharetta, GA 30009

#### YOUR CYBER POST OFFICERS

Post Commander	ROBERT GREEN	770-786-8702
Senior Vice Commander	MARIA KLENHARD	916-952-7691
Junior Vice Commander	<u>ERIC PARSONS</u>	706 325-4047
Adjutant	MARIA KLENHARD	916-952-7691
Finance Officer	MAC MCMILLAN	404-277-4280
Judge Advocate	. <u>TED RICHARDS</u>	404-754-0415
Exec. Committee	ED MCMILLAN	770-757-6136
Sergeant-at-Arms	.DAVID GREEN	
Service Officer	.ED MCMILLAN	770-757-6136
Chaplain	ROBERT TEETER	918-781-9328

### **COMMANDER'S CORNER**

Looks like some of us disabled veterans might be getting another COLA...not the drink, but the financial assistance to keep up with inflation (Cost Of Living Adjustment).



The month of September is also one of four months in which some of us pay quarterly income taxes.

There are the holidays of Patriot Day, Grandparents Day, Peace Day, V-J Day, Labor Day, Citizenship Day, Constitution Day, POW/MIA Day and Jewish New Years.

Perhaps as importantly are days in which it is incumbent upon us to keep in mind those who are of failing health, financial need, and loss of spirit. Perhaps one of us is in one of those categories.

Maybe once in a while, we can stop and take stock of the good things and people in our lives and reach out to offer words and deeds of caring and encouragement.

We never really walk a mile in their shoes to feel their pain and needs.

Once someone has passed on, it is too late.

**Bob** Email

770-786-8702

## **CHAPLAIN'S CORNER**

This month's clause in the Preamble is:

TO SAFEGUARD AND TRANSMIT TO POSTERITY THE PRINCIPLES OF JUSTICE, FREEDOM AND DEMOCRACY. On this ideal of safeguarding and transmitting to posterity the principles of justice, freedom and democracy, all of the youth-training programs of The American Legion are built. All Americans can be proud that in our international relations we have tried to live by the golden rule, the mark of justice. We have granted to others, as we prize it ourselves, the great boon of freedom.

Through the Monroe Doctrine, we called a halt to foreign imperialism in the Western Hemisphere. We gave freedom to the Philippines. These principles are part of the American heritage. Legionnaires are pledged to protect and preserve that heritage.

This clause of the Preamble is quite a mouthful, and packs a great deal of burden in it as well. "Safeguarding and transmitting to posterity the principles of justice, freedom and democracy." I don't remember reading or hearing the word capitalism in the Bill of Rights or our Preamble. "All of the youth-training programs of The American Legion are built upon those words in bold. How can we properly train our youth if we as adults can not abide by the Preamble? We are so focused on the words of others wearing blinders, the true meaning of our very preamble is lost.

My prayer in closing: Father, thank You for the gift of life that You have provided us. The country is deeply divided and there are a number of Veterans who are suffering and are homeless. It is with great sadness that I come to You and ask that You grant each of us wisdom, open heart and open mind, that we may be see what is going on around us and make sense of it. Help us to open up our hearts and arms and be willing to reach out and help someone in need. In this I pray, Amen.

Robert Teeter

### **JUST A REMINDER, FOR SOME?**

You may already do these, but for those who may not use these, here is a suggestion:

Sometimes you may find it necessary to provide your email address in order to use some service or order something.

To avoid inbox clutter, you might use an alternate email address.

So for those occasions, create an address to satisfy the requirement but not give out your real/main address.

Your email Contact/Address Book can have addresses, phone numbers, etc., besides just the email address.

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Another "reminder" is to use your word processor as a diary to record information you might need, later, such as names, addresses, phone/fax numbers, serial/model numbers, links, etc.

This can be helpful when having to follow up on something. You would have the contact information, who you spoke with, when/time, etc.

Use the word processor's FIND function to locate past information and PRINT function for snail mail or other paper documentation.

Backup your backups to the cloud by also backing up/copying your files to an external hard drive and in some cases, use thumb drives as an easy way to carry/copy files.

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Possibly incorporate another monitor to serve as a second screen which can become very useful.

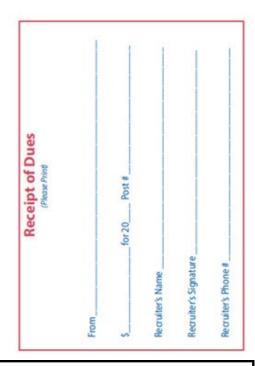
Sometimes, login passwords become more burdensome than protective, so maybe print a list of the login words and place where they feel secure but easily available at home, but not work.

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Remember, if text seems too small, you can often highlight the words and increase the font size. Maybe use your computer's magnifying glass?

Bol





The American Legion is about enhancing the well-being of America's veterans, their families, our military, and the communities they serve by their devotion to mutual happiness. With the motto of "Veterans Strengthening America" the **American Legion Post 201 Alpharetta Georgia** has stepped up by supporting the Muscular Dystrophy Association and creating a unique one-day special Donor Drive event on **Saturday September 3, 202**2 with the goal of raising over \$100,000 for this incredible cause.

Every day, children are born with muscular dystrophy and adults are diagnosed with ALS and other life-threatening diseases that take away their most basic freedoms - like walking, talking, eating, hugging, and ultimately life itself. I'm raising money to help MDA fight back! MDA is working to give these abilities back through early intervention, local engagement, and the search for better treatments and cures.

The money we raise will help children and adults in our community and will also help support innovative research to change the future for people with neuromuscular disease.

Activities for the 16-hour entertainment event and you can be a part of it either in person or through a live stream. To find out all the incredible activities that are happening during the day, please visit the attached link. https://mda.donordrive.com/index.cfm?

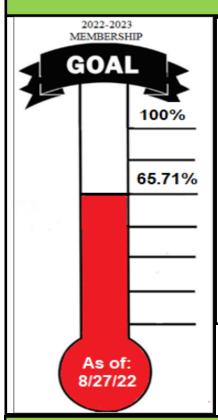
fuseaction=donordrive.personalCampaign&participantID=50957

Here's where we need your help. We recognize that we have an aggressive goal in raising over \$100,000 in one day, but we also know that we are a unified community throughout the state and when we all join together, we can make a significant difference. Please go to the website and click the donate button and provide whatever you can for this incredible event. Additionally, please feel free to pass this email on to any of your friends or family that you think would be interesting in helping us reach our goal. Specific information on the evening comedy show can be found here: <a href="https://legion201.org/events.html">https://legion201.org/events.html</a>

Respectfully,

Commander Fred Mahony AL Post 201

#### 2023 Membership Drive: Goal is 100% by End of 2022



The renewal process began in July for the upcoming membership year. Renewal notices were sent out in July, and will be again periodically thereafter as reminders for those that yet have not renewed.

District 9's goal is to obtain 100% renewal by December this year. We are already at **65.71%** thanks to the pro-activity of our members in this regard.

There are varied ways this can be accomplished: By Mail to the Post address, pay online at <a href="MyLegion.org">MyLegion.org</a> where you can choose to pay one year at a time, establish auto renewal or become Paid Up For Life (PUFL).

Check this out ==>Tango Alpha Lima Podcast - Episodes Archive (fireside.fm)

# **NATIONAL ARCHIVES - Request Military Service Records**

For Veterans wishing to obtain copies of their DD-214 and other records. The website (linked below) was established by the National Personnel Records Center (NPRC). http://www.archives.gov/veterans/military-service-records/

If you are unable to start the form online and prefer to submit a traditional request form, you can mail or Fax it: <a href="https://www.archives.gov/veterans/military-service-records/standard-form-180.html">https://www.archives.gov/veterans/military-service-records/standard-form-180.html</a>

## What you need to know about PACT Act benefits

As the Sergeant First Class Heath Robinson Honoring Our PACT Act becomes law millions of veterans suffering from illnesses caused by toxic exposures will be eligible for benefits.

The PACT Act, which covers veterans from Vietnam through Iraq and Afghanistan, is the most significant expansion of benefits and services for toxic-exposed veterans in more than 30 years and addresses a broad spectrum of toxic exposures.

Veterans will now see additional benefits for exposures to burn pits in Iraq and Afghanistan, additional presumptive conditions for Agent Orange exposure and provisions for victims of water contamination at Camp Lejeune.

There are many pending questions about the new law and what it means. Here are some common questions and answers: What you need to know about PACT Act benefits | The American Legion